

# NTCI School (Parent) Council General Meeting Minutes

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February 25, 2019

7:30 pm, Room 215

## 1. Welcome - School Council Chair – Jess Hungate

- Opened the meeting and welcomed all parents and speakers.
- The TDSB Dress code consultation ends 28 Feb for the proposed board wide dress code policy.
- A Ward Forum focussed on the TDSB budget for this coming year will be held at Hodgson School March 7, 2019.
- Communications - parent council has a mailing list, and email and facebook contacts; all parents are encouraged to participate.
- The Parents as Partners TDSB event will be held at the Enercare Centre at the end of March, details to be posted on TDSB website.

## 2. North Toronto Athletic Council - Michael Colley

- funding for equipment for teams, conditioning at school
- Fundraiser 25 April at Safari on Avenue Road
- A younger alumni spike ball event will be held 25 May
- If interested in joining contact points are: newsletters, facebook page, <https://ntci.on.ca/foundation/about/>

## 3. Student Council Report - Adam Barkhas and Michael Ma

- Spring sports - try-outs starting, remind your kids to watch for dates, posted by guidance office and in daily announcements.
- Charity Week - School Cash Online for raffle, deadline is Wednesday Feb 27

## 4. Principal's Report – Mr Willam Mack

- Enrolment 1289 (up by 30-40 students)
- Staffing underway for next year
- Video posted from director of education, Dr. John Malloy, following tour of school.
- 2 Holocaust Remembrance events
- School trip to Italy leaving March 6th
- April 1st meeting with our Trustee, Shelley Laskin and Mr Mack will present 2017 student survey
- Report card distribution April 10th, 2019

## 5. Staff Update - Ann Chamberlain

- Many athletes and teams successful this year and attending OFSA
- March 4/5th Grade 9 students will have a CPR course/workshop and will be certified
- Lunch time clubs are very active (eg archery )and intramural eg ball hockey as well there is a strength training and weight training club - staff volunteer supervise after school, students require form to attend

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### 6. Treasurer's Report and Financial Requests - Janet Victor

- January requests for funding (no meeting in January) approved: Prom Cmte, Dept Modern Languages/Classics-drumming workshops, Health/PhysEd Dept-Self defence course, Engineering club - electric go cart project, History Dept - indigenous elder to speak, Classics Club-conference, PALS - leadership retreat
- Total Jan' 19 approvals = \$4850
- February request for grade 9 CPR course funding request approved \$1000

### 5. Special Topic

- Mindful Parent *Mindful Child* by Sue Hutton. Social work back ground for over 30 years in mindfulness. [suehuttonmindfulness@gmail.com](mailto:suehuttonmindfulness@gmail.com)
- Mindfulness is paying attention to the here and now with kindness and curiosity. Training the mind to increase attention by making new neural connections.
- Teachers with more stress have students with more stress and vice versa
- Multitasking decreases Empathy with continuous partial attention. Be present when spending time with kids eg put your phone away.
- Curbing knee-jerk reactions in crisis situations
- Deep breathing releases positive endorphins

Thanks were given to all who spoke and the meeting was closed.

**The next meeting will be on Monday April 1st at 7:30 p.m. in Room 215 and the speaker will be our School Trustee, Shelley Laskin as well as Mr. Mack on the last School Census. Please join us!**