## NTCI Parent School Council Meeting Minutes Monday, February 22nd, 2016 7:30 p.m. - 9:00 p.m. in Room 215

#### **Executive School Council**

Marion Flanagan, Teodora Miloradovic: Co-Chair

Anne Ferguson: Treasurer

Sanaa Homsi, Noreen Looney: Co-Secretary

Daniela Popovik, Robyn Konson: Event Coordinators

Christina Kwong (TBC): Ward Rep Karl Reitmaier: Speaker Coordinator

(Open Position): Safe Schools Committee Rep

### **School Staff**

Mr. Joel Gorenkoff: NTCI Principal Mr. William Mack: Vice-Principal (A-L) Ms. Kathleen Pyper: Vice-Principal (M-Z) Ms. Natalie Bacchus: New Staff Representative

## 1. Welcome - Parent Council Treasurer - Anne Ferguson

- Opened the meeting and welcomed all parents (new and returning) and tonight's speakers, (there were approx. 40 parents in attendance).

### 2. Treasurer's Report and Financial Requests - - Anne Ferguson

- Three requests were received this month:
- 1. OFFSA Toronto Provincial Ski & Snowboard Teams asks for \$900, a competition for 52 students
- 2. All Gr. 9 students for CPR, MPHE and WPHE asks for \$1,000 for Health and Physical Education Dept. for 180 students
- 3. Dept. of Modern Languages and Classics asks for \$700 for 270 students for African dance drumming and singing workshops for Gr 9 French class

All requests were motioned by Sanaa Homsi, seconded by Robyn Konson and accepted by all.

# 3. Student Council Report – Jack Matthews (President) and Aris van Halteren (Senior Vice President)

- they expect to raise ten to fifteen thousand dollars
- raffle tickets available, 3 prize options to chose from, 1 ticket \$5.00 or 5 tickets for \$20.00, students/parents may purchase from class or charity reps.
- Pancake and Waffle breakfast this Fri. Feb. 26, also wear your PJs
- parents please encourage Gr. 9 and 10 students to join in at school activities and be involved
- Student council elections are May 11, various positions available, please see Ms. Jenny Hayden (Student Success-Wellness) in guidance for any questions.

## 4. Principal's Report – Joel Gorenkoff

- Welcomed all parents
- it's a very busy time right now with math contests, art installation, SEARS Drama & Kiwanis but it's really important to contact your child's teacher / guidance counselor if you have any issues/concerns
- Science teacher Robert O'Connell passed away Feb. 7, 2016, there will be Memorial on Monday, March 7, 2016 at 11:40 a.m. in the Auditorium, you are welcome to join us. The board provided grief counselors.
- There is a literacy test for Gr. 10 students on Thursday, March 31, do not miss it as it is a requirement of graduation and there is no make-up day
- March Break coming up: Monday March 14 to March 18th

### 5. Staff Update – Natalie Bacchus

- please don't hesitate to contact us to talk about your child
- we had the French as a second Language workshop, some feedback was to offer workshop earlier for next year would be more helpful
- next is March Break, then Easter, then the March 31<sup>st</sup> literacy test which is a test written all across Ontario, no make up test, student would have to write it the following year

## 6. Speaker Presentation Introduction by Karl Reitmaier, Speaker Coordinator

Note: Beverley Cathcart-Ross was unavailable; her colleague Doone Estey, BA, MA spoke on: "Strengthening the Bond With Your Teen."

- Doone has been doing this for 13 years, she has 4 kids, she leads 6 week classes
- you should help your child have long and short term goals
- teenager's melatonin levels and sleep patterns are off, this will level off in their mid twenties, they really can't fall asleep at bedtime, you could try buying Melatonin for them
- teenagers usually manage to hold themselves together out in public but sometimes fall apart as soon as they see their parents / come home where they sometimes revert back to being crabby
- teenager's job is to separate from their parents and parents job is to maintain the relationship
- let your kids know that if something happens and/or emergency, you are there for them
- you can reply to teenager's outburst by saying, "Wow, you must be really upset to say something like that." Treat them like a drunk person as they are not rational right now
- tell your teenager when you have a bad day (you don't have to get into too many details), just let them know in general life is not perfect
- often we don't really listen to what our teens are telling us; we should validate and empathize, try saying: "You sound..." or "That's normal". Mirror back to them what they tell you.
- don't tell them "Good Job" anymore, be specific i.e. "You passed the test" or "You did the work" or "You were prepared" or "You were successful"
- a few times a week, tell your teenager what you think their strengths are, point out when they do good things

Reminder: Parents should try not to text nor email their kids during the day when they are at school as our children need to focus on their work

Doone is an Adlerian Parenting expert and a Principal at Parenting Network Inc. Doone is a coauthor of "Raising Great Parents, How to be the Parent Your Kids Need You to Be" and producer of a bestselling Parenting CD Series, (Titles include: Self Esteem, What's your Style, Who's the Boss, Keeping the Peace and Setting Limits). Doone has influenced hundreds of parents through her participative lectures, courses and private consultations. 416-944-0412 • doone@parentingnetwork.ca

http://nsb.com/speakers/doone-estey/

http://www.amazon.ca/Raising-Great-Parents-Become-Parent/dp/1927483727

Thanks were given to all who spoke and the meeting was closed.

The next meeting will be Wednesday April 27th, 2016 at 7:30 p.m. in Room 215 on the Second Floor and the speaker will be: Leeanne Bouteiller on Financial Literacy

## **Parent Reminders:**

NT Council Meetings start at 7:30 p.m. in Room 215 and end at 9:00 pm. Parents attending NT Council Meetings is an excellent way for them to keep current on NT activities and to share information with other NT parents. We would look forward to seeing you there.

The NT Council has a position open on the Executive for a "Safe Schools Committee Rep." for anyone interested in volunteering. This committee meets every two or three months for an hour with school vice-principals and Student Reps to discuss and support the physical and emotional status of students.

Please sign up for our school email list and you will receive reminders for these meetings as well as news items to help you stay connected with your student. Sign up information can be found on the About page or visit: http://ntci.on.ca/main-office/mailing-lists/

Those unable to attend may catch up via the NT Council Meetings minutes posted online: http://ntci.on.ca/main-office/school-council/

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