

# NTCI Parent Council Meeting Minutes

(Tuesday, October 18, 2011)

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## Executive School Council

Jane Lewis, Co-Chair  
Teodora Miloradovic, Co-Chair  
Charlotte Ryan, Treasurer  
Marion Flanagan and Helen Shi, Co-Secretaries  
Phyllis Cincinatus and Elaine Lurie, Event Coordinator  
Lapfong Wong, Ward Rep  
Pauline Thompson, Speaker Coordinator  
Lucia Dell'Agnese, Member at Large  
Heather Johnston, Member at Large

## School Staff

Joel Gorenkoff, NTCI Principal  
Mary Laszlo, Vice-Principal (A-L)  
Kathleen Pyper, Vice-Principal (M-Z)  
Lorne Smith, Teacher representative

### **1. Welcome - Parent Council Co-Chair Jane Lewis**

- Opened the meeting and welcomed all parents present.

### **2. Principal's report - Principal Joel Gorenkoff**

- Commencement ceremony went well with great reception organized by the NT parent council
- NT brand new field is open for use. The NT senior football team will play in the home field with Eastern Commence on October 26, 2011.
- Red & Grey Day, October 26, 2011 – Pride of NT, celebration of NT spirit.
- Report cards will be distributed home on November 17.
- Exams will finish on December 23, 2011.
- NTCI wellness Committee will host the community wellness fair on Saturday, October 22, 2011. The fair includes a variety of programs, drop-in classes, speakers, silent auction, etc.
- NT 100<sup>th</sup> anniversary open house on May 12, 2012. There will be tours, decade rooms, opening ceremony, club demonstrations, etc.

### **3. Treasurer's Report and Financial Requests –Treasurer, Charlotte Ryan**

- Six financial requests were submitted for approval this month:

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- 1) \$900 to help cover the cost of CPR training for girls in Grade 9 Phys-Ed classes (Similar request for Grade 9 boys will come later).
- 2) \$750 for three Field Hockey teams to help cover the equipment and tournament costs.
- 3) \$690 for Varsity Boys Hockey Team to help cover the tournament entry fee in November 2011.
- 4) \$1500 for Graffiti printing to help cover the printing cost.
- 5) \$900, requested by the Art Council to buy items for art display and hanging system in the staff lounge.
- 6) \$900 for Vocal Retreat -Honorarium and subsidize a few students

All requests were moved by Pauline Thompson, seconded by Deraj Ramnares, accepted by all.

#### 4. Ward Rep Update – Lapfong, Wong

– Information:

Opportunity Gap Action Plan 2011 – 2015

Seamless Day Schools

Fundraising Guidelines

EatRight Ontario (ERO)

– Upcoming Events

Ward Forum, Thursday, October 27, 7:00 – 9:00 pm, Humewood Community School.

St. Paul's Summit, Thursday, October 30, 1:30 – 4:00 pm, North Toronto CI, 17 Broadway Ave.

People for Education Conference, Nov. 5<sup>th</sup> and 6<sup>th</sup>, Winters College, York University, [www.peopleforeducation.ca](http://www.peopleforeducation.ca).

#### 5. Speaker Presentation / Seminar by Beverley Cathcart-Ross, Neuroscientist and clinical psychologist

##### **“Are You Too Controlling, Not Controlling Enough?”**

During the teen years, knowing when to let go can be a challenge for parents. Beverley's engaging lecture will help you:

- 1) Unravel the choices and feel more confident with 'how' to guide your teen through these years,
- 2) Ensure your teens develop the life-skills to succeed by establishing long-term goals now,

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3) Find effective ways to engage teens in decisions and pass on responsibility.

### About Beverley Cathcart-Ross

Beverley is a certified parent educator, a private counsellor, a mother of four teenagers and founder of The Parenting Network. Since 1989, she has helped thousands of families enjoy more harmony in their home and more closeness in their relationships with their children. Her unique strength is her ability to distil a sound theoretical framework down to practical approaches that work for real parents on a day-to-day basis. She can be seen regularly on TVO as their resident parenting expert <<http://parentbreak.tv.org/>> and has been a regular contributor to TV programming on CTS. Her work has been profiled on CBC <<http://toronto.cbc.ca/metromorning/parenting/>> and Canadian Living Television <<http://www.canadianliving.com/>>.

### Why we like control:

- Fear about unknown
- Kids do what we don't like
- Our ways are faster and easier, but not kids' interest

### When we need control: life threatening

### Life skills that kids need:

- Able to learn
- Decision making
- Take care of themselves/others
- Confident
- Resilience
- Good judgement (by trial and error, by trying their way)
- Risk taking
- Self reliance/independence
- Compassion
- Good communication skills
- Solving conflict
- Time management
- Self advocacy
- Respect themselves and others

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### Issues:

- Negotiations
- Not motivated
- Wired (to everything) - no time
- Clothing obsessed

### Types of parenting:

- Brickwall
- Jellyfish
- Backbone

- Have faith about your kids
- Know your kids' interest

### Problem solving

- (1) Calm
- (2) Put yourself in your teen shoes
- (3) 10 words or less
- (4) Solution

Let kids learn that they are able.

The meeting adjourned at 9:15 pm.

**Next meeting – Tuesday, November 15, 2011 7:30 pm, “The Path to Post-Secondary Education”.**