

All coaches must be familiar with the content of the TDSSAA Constitution, the TDSB Secondary Interscholastic Athletics Safety Document, the TDSB Event Management Protocol, and the TDSSAA Playing Regulations for their sport.

A. Eligibility

1. All skiers must meet the eligibility criteria as outlined in the TDSSAA Constitution with regards to:

- Age classification
- Academic eligibility
- Transfer eligibility
- Number of years in high school eligibility

2. **Age Classification**

a) **Senior**

- i. The individual's birth certificate indicates that he/she has not yet reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held
- ii. For the 2005-2006 school year, for OFSAA competition, a senior will be born in 1986 or later.

b) **Levels of Competition**

Level 1 Skiers are school trained and have not raced beyond the Nancy Greene club level

Level 2 Skiers are club trained and have raced beyond the Nancy Greene level. They can be members of K1 and K2 teams and compete in the Hershey League. They cannot be K2, J1 or J2 individual racers or FIS racers. Level 2 skiers cannot be on-snow for training, competition or training camp purposes combined more than three (3) times per week.

Comment: On snow (not on-snow); lose "... purposes combined" and insert "training, competition, and/or training camps for more than..."

- c)
 - i. The coach is responsible for verifying the age of all skiers on the eligibility list.
 - ii. In case of doubt regarding the age of a skier, the coach will require the skier to produce an authentic birth certificate.
 - iii. Coaches who wish to challenge the age of a skier from another team must do so through the regional/district convenor.
- d)
 - i. The coach is responsible for verifying the level of all skiers on the eligibility list using the TDSSAA Ski Racer Profile and Declaration form (see Appendix A on page ten [10] of the playing regulations).
 - ii. Coaches who wish to challenge the level of a skier from another team must do so through the regional/district convenor.
- e)
 - i. In order to participate, a team must be registered with the regional/district convenor at the pre-season meeting.
 - ii. If for some reason a school representative is unable to attend the pre-

season meeting he/she **must** contact the regional/district convenor **before** the day of the meeting.

3. Eligibility Lists

- a) All skiers must be registered on a TDSSAA eligibility list.
- b) The eligibility list must be completed in pen/ink and in the hands of the regional/district convenor on or before a date determined by the regional/district convenor and coaches at the pre-season meeting.
- c) Eligibility lists must be dated and signed appropriately.
- d) Entry lists are to include the names of the competitors listed in the order in which the coach wishes them to compete.
- e) All racers must complete the Alpine Skier Profile and Declaration form which must be submitted with the teams TDSSAA eligibility list.

4. Late Additions

Additions to the eligibility list must be made on a TDSSAA eligibility list and received by the regional/district convenor prior to the regional meet in which the additional skier(s) participate(s).

5. Competition will be open to both individuals and teams.

- 6. a) A school may have up to five (5) males and five (5) females on the school team at a given level.
- b) Five (5) racers are eligible to race in each event but only the top three (3) will figure in the team scoring (See C, Meet Scoring System for further details)
- c) A girl may participate on a boys' team if there is not a girls' team at the school.

- 7. a) Each member of a school team entering the TDSSAA Alpine Ski Championship must have competed in at least one (1) preliminary training meet run by the TDSSAA prior to the entry deadline (subject to the vagaries of weather). There must be a preliminary meet offered in both Giant Slalom and Slalom.
- b) In the event that a serious injury prevents a skier from complying with this regulation, an appeal by his/her coach may be made to the regional executive to allow said skier to be eligible for the OFSAA qualifying meet.

- 8. a) To be eligible, school team members must participate in a minimum of 8 practices during the race season, one of which must be on-hill.
- b) The training may be dry land or on-hill training

B. League Structure

1. The structure and dates of the TDSSAA Alpine Ski season will be determined at a district-wide pre-season meeting.
2. Scheduling
 - a) The meet convenor(s) **must** consult the appropriate regional athletics administrator(s) to determine the structure of the meets
 - b) The date of the district OFSAA qualifying meet must be at least one (1) week in advance of the city championships.
3. Seeding
 - a) The regional/district convenor will set the seeding order by a draw method.
 - b) The regional/district convenor will enlist the assistance of at least one other coach to complete the seeding process.
 - c) There will be a separate seeding for both the Giant Slalom and the Slalom events.
4. Results

The meet convenor is responsible for calling meet results to the media.

C. Meet Scoring System

1.
 - a) The competitor with the fastest total time of two (2) runs in each event shall receive one point, the second (2nd) total fastest time will receive two (2) points, the third (3rd) total fastest time, three (3) points, etc.
 - b) In the case of ties, the competitors will be scored the same and the appropriate places left out.
2.
 - a) Team scores shall be calculated by adding the best three (3) individual scores for that team in the slalom and in the giant slalom.
 - b) In the case of a tie for first (1st) place, the lowest total of individual times of the three (3) racers will be used.
3. The team with the lowest team score will be declared the winner.
4. Those skiers who DNF (did not finish) or those who missed gates shall receive a score which is twice the number of disqualifications or 50% of the field (whichever is greatest) added to the last proper score in that event.
5.
 - a) Disqualifications such as DNS (did not start), unsportsmanlike conduct, other infractions, changed numbers, etc., do not count.
 - b) Such competitors will not be assigned a score.

6. There will be no team standing if a team does not have at least three (3) individual placings for each of the events.

D. OFSAA

1. The TDSSAA shall be allowed to enter up to two (2) boys' teams and two (2) girls' teams in each of Levels 1 and 2 at the OFSAA Alpine Skiing Championship.
2.
 - a) Up to two (2) additional males and two (2) females may be selected to represent TDSSAA to race as individuals in levels 1 and 2.
 - b) The individuals must attend a different school than the team entries and be in the top fifteen (15) finishers at the City Championship meet.
3.
 - a) All racers must complete the racers profile form that must be submitted to OFSAA with the entry form.
 - b) No substitutions are allowed.
4.
 - a) Any suspensions or disciplinary actions in Association competition shall be carried forward into OFSAA competitions.
 - b) The TDSSAA convenor shall be responsible for reporting such skiers and the nature of their disciplinary action on the OFSAA entry form.

E. Defaults/Cancellations/Withdrawals

1. Cancelled Meets

- a) Every effort must be made to complete the regional/district meets on the dates and at the times scheduled.
- b) Therefore, with the exception of extreme weather conditions, unless notified otherwise by the regional/district convenor, all coaches should assume that meets will take place as scheduled.
- c) If either the meet convenor or the **race committee** (composed of the RAA Alpine liason. meet convenor, assistant or past convenor and a teacher/coach representative from each team (where possible) determines that the meet cannot be run, all parties involved in the meet should be notified in time to cancel occasional teachers and transportation.
- d) The meet convenor, in consultation with the appropriate athletics administrator liaison, will be responsible for rescheduling the meet.

2. Withdrawals

- a) If a team fails to cancel a previous commitment to participate in a race, (in time to not incur costs), they will be responsible to pay for all fees associated with their original commitment
- b) Coaches are reminded to cancel all transportation in the event of a cancelled

tournament.

F. Rules/Laws of Game

1.
 - a) At the beginning of a team's season, all team members together with the coaching staff and a member of the school's administrative team will discuss the behaviour, rules and expectations for the team members.
 - b) All team members will be expected to abide by the code of behaviour for their school and the code of behaviour for athletes as outlined in the TDSSAA Constitution, Article 1, Section E, item 2).
2. The current FIS Rule Book shall govern the competitions with the following exceptions:
 - a) In the first (1st) run of a meet each school shall have a skier in the first (1st) seed section.
 - b) For the first (1st) run, each seed shall be drawn independently and randomly.
 - c) For the second (2nd) run, the racers shall race in bib order (the first fifteen (15) racers after the first (1st) run will ski in reverse order of finish and the remaining racers will start in the order in which they placed in the first (1st) run)
3.
 - a) Each school must be represented by a staff coach or staff advisor throughout the duration of the meet.
 - b) This coach or staff advisor will register their team members at the meet and act as an advisor in any necessary discussions.
4. Disqualifications
 - a) Racers will be disqualified from a race for the following:
 - i. There is no staff coach or staff advisor present (athlete may not compete)
 - ii. Not being in the starting gate on time
 - iii. Not wearing a helmet during any part of the race
 - iv. Failure to complete the course as set out by FIS rules, e.g. missed gate, straddled gate, etc.
 - v. Failure to wear bib visibly outside clothing
 - vi. Shadowing the course during or prior to a race
 - vii. Skiing through a gate prior to either run of a race
 - viii. Losing a ski while on course except as the F.I.S. rule applies in the finish area
 - b) Racers will be disqualified from the meet/event for the following (See Section H):
 - i. Unsportsmanlike conduct at any time during the meet
 - ii. Profanity of any kind
 - iii. Use or possession of alcohol or other drugs
 - iv. Insubordination to any race official
 - v. Failure to comply with any requests by race officials, ski patrollers or area employees
 - vi. Skiing in any out of bounds area or closed trail
 - vii. Any inappropriate behaviour on lifts or misuse of lifts
 - viii. Intentional knocking down of a gate after a fall or disqualification

- ix. Deliberately missing a run (it is the responsibility of the athlete through their coach to be prepared to ski at the assigned time and location).
- c) Coaches should ensure that all their athletes are familiar with the rules and regulations of the sport.

5. Course Officials

Each course requires the following officials:

- a) one (1) starter and one (1) assistant starter
- b) one (1) chief timer and one (1) assistant timer
- c) one (1) chief of course
- d) gatekeepers, as required
- e) officials can be provided by the schools and/or the resort

6. Etiquette

- a) All skiers and coaches must conform to the written and customary rules of etiquette for alpine skiing.
- b)
 - i. All skiers must abide by the rules of conduct of the TDSB and the TDSSAA Constitution.
 - ii. Smoking and the drinking of alcohol are expressly forbidden before, during, and after the competition.

7. Specific local rules, as published by the host ski resort, will also be in effect.

8. The meet convenor or his/her representative is required to be at all meets.

9. Any protest must be delivered through the meet convenor to the race committee, in writing by the coach, not later than one-half (1/2) hour after the disqualification list has been posted for that particular meet/race.

G. First Aid/Safety/Supervision

- 1.
 - a) All coaches and regional/district convenors should be familiar with the content of the Toronto District School Board Secondary Interschool Athletics Safety Document.
 - b) Particular attention should be given to the guidelines pertaining to this sport.
- 2. A properly equipped first aid kit (refer to the appendix in the TDSB Secondary Interschool Athletics Safety Document) must be accessible at all practices and meets.
- 3. Coaches are reminded to have an emergency action plan in place for all practices and meets.

H. Discipline

1. If a skier is disqualified from a meet for misconduct, his/her coach **must** inform the following people **within twenty-four (24) hours following the meet.**
 - a) the principal of the school involved
 - b) the school's TDSSAA representative
 - c) the regional/district convenor
 - d) the Regional chair of the Conduct Review Board
2.
 - a) It is the duty of the coach to notify the skier of his/her suspension from **all** TDSSAA activities pending the conduct review board (TDSSAA Constitution, Article 11, Section C, item 5).
 - b) A disqualified skier is automatically suspended from any practices, exhibition, regular season or qualifying meets involving his/her team until such time as the Conduct Review Board has conducted a hearing and rendered a decision.
3. All coaches involved **must** ensure that the meet official involved records **a complete and accurate written account** of the misconduct.

I. Awards

Regional Awards

Individual Awards

Individual awards will be presented in the following categories:

| | |
|-----------------------------|----------------------------|
| Girls' Level 1 Slalom | Boy's Level 1 Slalom |
| Girls' Level 2 Slalom | Boys' Level 2 Slalom |
| Girls' Level 1 Giant Slalom | Boys' Level 1 Giant Slalom |
| Girls' Level 2 Giant Slalom | Boys' Level 2 Giant Slalom |

| | | |
|---|---------------|---------|
| 1 st place | Gold medals | (1 x 8) |
| 2 nd place | Silver medals | (1 x 8) |
| 3 rd place | Bronze medals | (1 x 8) |
| 4 th , 5 th , 6 th | Place Ribbons | (3 x 8) |

Team Awards

Team Championships will be declared for:

| | |
|-----------------------|-----------------------|
| Girls' Level 1 | Boys' Level 1 |
| Girls' Level 2 | Boys Level 2 |
| 1 st place | Keeper Plaque |
| | Gold Medals (4 x 5) |
| 2 nd place | Silver Medals (4 x 5) |
| 3 rd place | Bronze Medals (4 x 5) |

Overall Team Awards

| | |
|---|------------------------|
| Overall Girls' Champion (Level 1 only) | Annual/Keeper Plaques |
| Overall Boys' Champion (Level 1 only) | Annual/Keeper Plaques |
| Overall Combined Champion (Level 1 and 2) | Annual/ Keeper Plaques |

City Championship Awards

Individual Awards

Individual awards will be presented in the following categories:

| | |
|---|----------------------------|
| Girls' Level 1 Slalom | Boy's Level 1 Slalom |
| Girls' Level 2 Slalom | Boys' Level 2 Slalom |
| Girls' Level 1 Giant Slalom | Boys' Level 1 Giant Slalom |
| Girls' Level 2 Giant Slalom | Boys' Level 2 Giant Slalom |
| 1 st place | Gold medals (1 x 8) |
| 2 nd place | Silver medals (1 x 8) |
| 3 rd place | Bronze medals (1 x 8) |
| 4 th , 5 th , 6 th | Place Ribbons (3 x 8) |

Team Awards

Team Championships will be declared for:

| | |
|-----------------------|-----------------------|
| Girls' Level 1 | Boys' Level 1 |
| Girls' Level 2 | Boys Level 2 |
| 1 st place | Regional Plaque |
| | Gold Medals (4 x 5) |
| 2 nd place | Silver Medals (4 x 5) |
| 3 rd place | Bronze Medals (4 x 5) |

Overall Team Awards

| | |
|---|--------|
| Overall Girls' Champion (Level 1 only) | Trophy |
| Overall Boys' Champion (Level 1 only) | Trophy |
| Overall Combined Champion (Level 1 and 2) | Trophy |

I. Equipment

1. All skiers must have ski brakes on their skis.
2.
 - a) In both the slalom and giant slalom events a giant slalom helmet must be worn.
 - c) No slalom helmets are allowed for any race.

K. Uniforms

1. A racing bib must be worn and be visible at all times.
2. Numbers must be visible both front and back at all times.

L. Fees

1. The fees for participation in competitions shall be the responsibility of the participating schools.
2.
 - a) The regional/district convenor and coaches will decide on the amount of the fee and to whom it is to be paid.
 - b) Fees are to include lifts and race fees.
2. A financial statement must be made available by the regional/district convenor to the coaches at the end of the season.

M. Transportation

1. All competitors should be transported to and from all competitions and hill training sessions by a chartered coach, or through specific arrangements made by the coach, principal and parents of the racers.
2. Coaches should be familiar with the TDSB excursion policies and procedures.

Appendix A:

TDSSAA ALPINE SKI RACER PROFILE AND DECLARATION FORM

THIS FORM MUST BE FILLED OUT AND SIGNED BY THE ATHLETE, COACH AND PARENT AND SUBMITTED TO THE CONVENOR. (Athletes not submitting this form are ineligible)

All skiers must attend a minimum of eight (8) practices (at least one must be on-hill) with the school team.

Have you ever had any ski league training beyond the Nancy Greene League or equivalent? YES _____ NO _____

If you answered NO you are a LEVEL 1 RACER. If you answered YES, please continue.

LEVEL 2

- **Level 2 skiers are club trained and have raced beyond the Nancy Greene level.**
- **Level 2 skiers can be a K1 or K2 team member or ski in the Hershey League**
- **Level 2 skiers cannot currently be a K2 or J1 or J2 individual or FIS racer.**
- **Level 2 skiers cannot be on-snow for training, competition or training camp purposes combined more than three (3) times per week.**

2005-2006 club affiliation: _____

Comment: Perhaps put "Current year 20__ - 20__ club affiliation" so this does not have to be revised each year.

NAME: (Print) _____

SCHOOL: _____

TEAM: BOYS _____ GIRLS _____ LEVEL: 1 _____ 2 _____

The following signatures confirm that the athlete meets the requirements to be either a Level 1 or a Level 2 skier as described above.

Signature of athlete

Signature of Parent

Date

Signature of Coach